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## Разработка урока английского языка в 7 классе из цикла “The world of beauty and health”

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**П**редставляю вашему вниманию первый урок из цикла “THE WORLD OF BEAUTY AND HEALTH”, состоящего из десяти уроков<sup>1</sup>. Основными воспитательными задачами цикла являются формирование понятия „истинная красота“ и формирование уважения к труду, отношение к взаимопомощи и помощи взрослым, способствование осознанию подростками, что гигиена и здоровый образ жизни — это неотъемлемая составляющая красоты, а чувство стиля, элегантность и хорошие манеры — лучший способ продемонстрировать собственную уникальность. В учебном аспекте занятия цикла формируют, совершенствуют и развивают лексические, грамматические, произносительные навыки, навыки чтения и письма, необходимые для общения в рамках обозначенной тематики.

### Уроки цикла:

1. Attractive people: what are they like?
2. What can we do to be attractive?
3. Ways to look attractive
4. All that glitters is not gold
5. Appearances are deceptive
6. What can spoil your image?
7. The language of fashion
8. What clothes to choose: trendy, comfortable, or...
9. Fashion sense: freedom and limitations
10. Pros and cons of different fashion trends

<sup>1</sup> Другие уроки цикла будут опубликованы в следующих номерах журнала АЯШ.

## LESSON 1 Attractive<sup>2</sup> People: What Are They Like?

1. We meet many people every day. Some of them attract<sup>3</sup> our attention, while others don't. Some people are pleasant to deal with, while others aren't.



What people attract your attention?



What is an attractive person like?



What people are pleasant to deal with?



What qualities make a person attractive to others?



<sup>2</sup> attractive [ə'træktɪv] — привлекательный

<sup>3</sup> to attract somebody's attention — привлекать внимание

2. There are thousands of people's qualities. Some of them seem attractive, some make a bad impression on the people around.



- Listen to the speaker and read the list of qualities below. Which of characteristics do you find attractive / unattractive? (Mark them with “+” or “—”).

### Wordlist

**active** (активный)  
**polite** (вежливый)  
**impolite** (невежливый)  
**arrogant** (высокомерный)  
**rude** (грубый)  
**open-hearted / kind-hearted** ['hɑ:tɪd] (добросердечный, добрый)  
**cheerful** (жизнерадостный)  
**shy** (застенчивый)  
**healthy** ['helθi] (здоровый)  
**handsome** ['hænsəm], **beautiful** (красивый (человек))  
**lazy** (ленивый)  
**sloppy** (неряшливый)  
**immodest** (нескромный, наглый)  
**impatient** [ɪm'peɪʃnt] (нетерпеливый)  
**intelligent / educated** (образованный)  
**sociable** ['səʊʃəbl] (общительный)  
**neat** (опрятный, аккуратный)  
**optimistic** (оптимистичный)  
**knowledgeable** ['nɒlɪdʒəbl] (много знающий, осведомленный)  
**pessimistic** (пессимистичный)  
**talkative** ['tɔ:kətɪv] (разговорчивый)  
**bad-mannered / ill-mannered** (невоспитанный, с плохими манерами)  
**modest** (сдержанный)  
**serious** ['sɪəriəs] (серьезный)  
**bright** [braɪt] (смышлелый)  
**strong** (сильный)  
**pretty** ['prɪti] (симпатичная (женщина))  
**weak** (слабый)  
**slim** (стройный)  
**creative** (творческий, креативный)  
**patient** ['peɪʃnt], **tolerant** (терпеливый)  
**confident** (уверенный)  
**skillful** (умелый, искусный)  
**well-dressed** (хорошо одетый)  
**well-built** [wel 'bɪlt] (хорошо сложенный)  
**honest** ['ɒnɪst] (честный)  
**elegant** (элегантный, стильный)



- **Characterize an attractive person. Use any of the following sentences-structures:**

I find ... people attractive.

I think an attractive woman is ... .

I think an attractive person is ... .

I appreciate [ə'pri:ʃiət] (ценить) ... people.

I think an attractive man is always ... .



### 3. Some people seem attractive at first sight, but they turn to be unattractive once you get to know them closer.

- **Look through the word list again and complete the following statements:**

I find \_\_\_\_\_ people unattractive.

I don't like to deal with \_\_\_\_\_ people.

A \_\_\_\_\_ person is unpleasant to socialize with.

I don't appreciate \_\_\_\_\_ people.

- **What is your attitude to different people? Complete the following sentences with proper adjectives, then make up a conclusion.**

If someone is \_\_\_\_\_, I try to cheer them up.

If someone is \_\_\_\_\_ or \_\_\_\_\_, I try to help them.

If someone is \_\_\_\_\_, I make them a remark (замечание).

If someone is \_\_\_\_\_ or \_\_\_\_\_, I explain to them how bad it is.

If someone is \_\_\_\_\_, I stop socializing (общаться) with them.

If someone is \_\_\_\_\_, I try to keep patience.

If someone is \_\_\_\_\_ or \_\_\_\_\_, I stop talking to them.



### 4. Everyone wants to be attractive. How attractive are you?

- **Choose 2 adjectives to describe yourself as regards (по отношению) to the following:**

Your clothes and appearance

\_\_\_\_\_  
\_\_\_\_\_

Your parents

\_\_\_\_\_  
\_\_\_\_\_

Your study and work

\_\_\_\_\_  
\_\_\_\_\_

Your friends

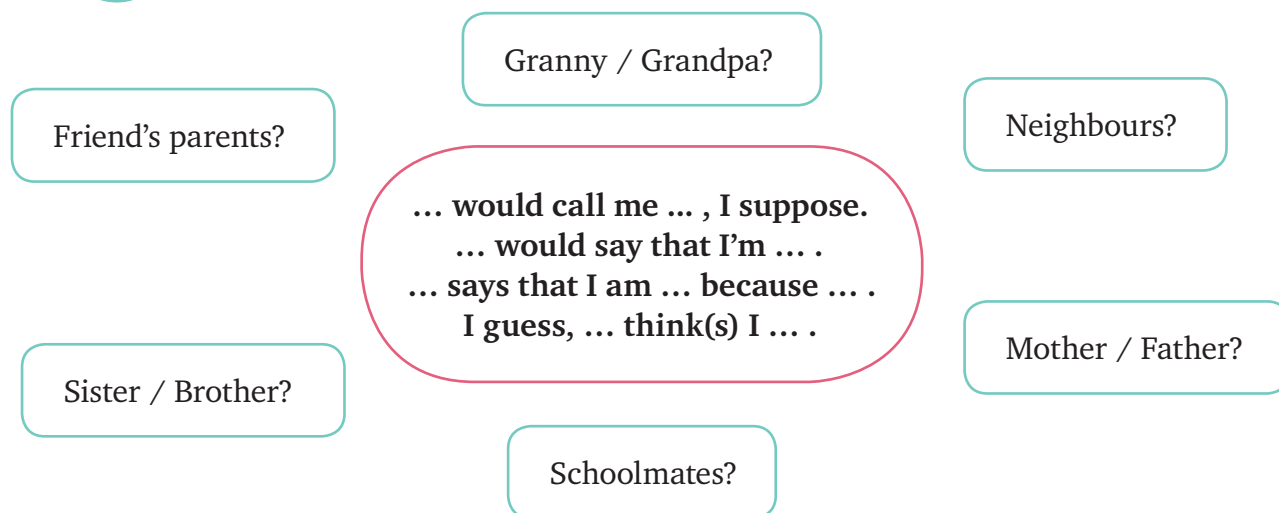
\_\_\_\_\_  
\_\_\_\_\_

Your teachers

\_\_\_\_\_  
\_\_\_\_\_



- Do you know if other people appreciate you or not? What would the people below say about you? Choose one adjective. Explain why you think so.



### 5. Boys and girls have different ideas about attractiveness. Is it true?



- Split into two teams of boys and two teams of girls. Discuss and make the list of the following characteristics:

#### Group 1

5 characteristics of an attractive boy.

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#### Group 3

5 characteristics of an attractive girl.

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#### Group 2

5 characteristics of an unattractive boy.

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#### Group 4

5 characteristics of an unattractive girl.

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- Share your ideas. Give examples from your own (личный) or somebody's life experience.



6. Here are some prejudices\* that boys and girls may have. Read them and decide which of the opinions are false, or you can't agree with. Disprove them (replace adjectives by their antonyms if necessary). Explain your point of view giving examples.



Boys are lazier than girls. They don't do any work about the house. Girls are more helpful at home than boys!

Girls are more creative. They can knit  and sew , they study better, and are more active in out-of-class activities. Physically strong boys are usually ill-mannered, impolite, and rude!



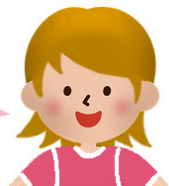
All girls are elegant, neat and try to look attractive.



Boys are more cheerful and optimistic than girls. They take things easily.

It's false that ...  
I think, ...  
The fact is, ...  
For example, ... / For instance, ...  
These are some ... who ... but ...  
Some ... are really ... , but ...

Girls are more serious in their studies. They usually get better marks than boys.



Boys are more impatient than girls. That's why they are more likely to quarrel.



All girls are talkative, they can chat for hours!

\* prejudice ['preʤədis] — предубеждение





7. "Deeds speak louder than words", a proverb says. Can you characterize a person by the actions?

- Choose an adjective to complete each characteristic (2 adjectives don't fit)

- |   |           |
|---|-----------|
| 1. A person who likes to meet and spend time with other people is _____.                            | CURIOUS   |
| 2. A person who produces new original ideas and things is _____.                                    | SOCIABLE  |
| 3. A person who is afraid to meet or speak to unknown people is _____.                              | RUDE      |
| 4. A person who likes to talk a lot is _____.   | SHY       |
| 5. A person who is impolite is _____.   | SKILLFUL  |
| 6. A person who is interested in things and wants to find out about them is _____.                  | ARROGANT  |
| 7. A person who is nice to everyone, is ready to defend himself against any rude attitude is _____. | CREATIVE  |
| 8. A person who thinks clearly and carefully is _____.  | TALKATIVE |
| 9. A person who always looks and smells fresh and lovely is _____.                                  | NEAT      |
| 10. A person who is handy with tools (ловко обращается с инструментами) is _____.                   | KIND      |
|   | BRIGHT    |
|   | CONFIDENT |



- Stacy is a member of a basketball fan club. She is telling about the members of her support group. Choose and circle a proper adjective in column A or B to characterize each of Stacy's friends:

	A	B
<i>Sophie</i> never tells a joke. She is very ... .	funny	serious
<i>Alex</i> never tells a lie. She is really ... .	honest	dishonest
<i>Linda</i> always does her homework properly. No doubt, she is ... .	lazy	hardworking
<i>Ella</i> never says "pleasure" or "thank you". It's a pity she is ... .	rude	polite
<i>Diana</i> always thinks of her own needs and pleasure. Why is she so ... ?	selfish	selfless

	A	B
<i>Hillary</i> doesn't have enough energy and strength to do physical exercises. It's a pity she is too ...	strong	weak
<i>Jean</i> does her best to become a successful sportsman. I think she is really ...	ambitious	unambitious
<i>Molly</i> respects any other opinion, view or lifestyle even (даже) if she disagrees with it. She is quite ...	tolerant	intolerant

- **Who of the girls could be good friends with Stacy? Explain why you think so, using Fact File. Characterize their support group.**



Anna, Stacy's  
coach

### Fact File

Stacy is an ambitious young sportsman who claims (претендует) to be a leader of their team. During each game she does her best to make the team perform well. She never shouts at others and is always ready to cheer up those who fail to do an exercise well.



## HOMETASK

1. In Internet forums you can find some teens' stories about their friends and friendship.

- **Read Dory's story about her friend. What attracts Dory in her friend?**



Lera

I'd like to characterize my friend Lera. At first glance she seems to be arrogant, because she is very serious and confident, but in fact she is friendly and kind-hearted. She's ready to help anytime and can solve any problem. I really love my friend and enjoy being with her! Lera loves surfing the Net, chatting. She also enjoys discussing football and ballet! You know, she has her own blog devoted to Russian Ballet. She also likes swimming and riding a bike, but unfortunately, she doesn't have enough energy and strength to do physical exercises regularly. It's a pity she can be rude especially when she disagrees with somebody's opinion ... but who is perfect, I wonder?

- **What would you write to reply Dory?**



2. Try to characterize a person you are on good / bad terms with<sup>4</sup>.  
Which of their actions influence your attitude to them?

a teacher

a neighbour

a coach (тренер)

a relative

an acquaintance

a teammate

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3. Find 14 positive and negative adjectives which you can use to characterize people.

s	e	r	i	o	u	s	e	m	e
t	o	l	e	r	a	n	t	a	n
r	u	d	e	a	c	o	o	l	o
o	s	h	y	g	d	w	e	a	k
n	l	e	n	e	a	t	m	z	i
g	i	s	t	r	o	n	g	y	n
u	m	b	r	i	g	h	t	e	d
w	e	l	l	b	u	i	l	t	o

добрый

ленивый

терпимый

стройный

грубый

скромный

хорошо сложенный

слабый

добрый

„крутой“

опрятный

серьезный

сильный

смышлёный

<sup>4</sup> to be on ... terms with somebody — быть в каких-либо отношениях с кем-то